

DENVER HEALTHCARE PROFILES

For the Journey through Womanhood

A WOMAN DESERVES COMPASSIONATE, EXCEPTIONAL HEALTHCARE FOR EVERY STAGE OF HER LIFE.

“What started as a private OB/GYN practice 25 years ago is now a comprehensive center emphasizing obstetrics and gynecologic health, with a strong proactive approach to preventive medicine,” says Dr. Gerald Zarlengo, founder of Midtown Obstetrics & Gynecology.

Bundles of Joy

Midtown's team of board-certified obstetricians and gynecologists specializes in normal and high-risk pregnancies, with in-office prenatal screenings, advanced ultrasound capability (including three-dimensional), and first trimester nuchal translucency screening to identify chromosomal disorders.

They practice at the two largest hospital maternity facilities—both with Level III nurseries that care for high-risk newborns—in Colorado.

Minimally Invasive Options

“To treat abnormal bleeding, we offer the comfort of in-office uterine ablation,” says Dr. Zarlengo. “We also offer the Essure® birth control option and hysteroscopy as in-office procedures.”

When surgery is needed, Midtown's gynecologic surgeons use vaginal approaches or advanced laparoscopic procedures, including robotic-assisted,

which offer less pain, reduced risk, and shorter recoveries than traditional hysterectomies.

Advancing Women's Health

Women navigating menopause can rely on compassionate guidance from Midtown's doctors, who are well-versed in all forms of hormone replacement therapy and can also help protect against osteoporosis.

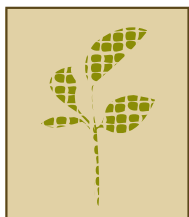
“We practice preventive medicine, helping keep our patients healthy rather than simply responding when they fall ill,” sums up Dr. Zarlengo. “Several of us have a strong interest in heart disease, and we communicate with our patients to protect their cardiac health as well as their gynecologic health. We treat the *whole* woman.”

“This is one of the things I like best about our practice,” adds Dr. Honey Onstad. “We offer the most progressive treatment options with an old-school commitment to the doctor/patient relationship.”

COMPREHENSIVE CARE

- Irregular, Painful, and/or Heavy Periods
- Breast and Pelvic Exams
- Urinary Incontinence
- Ovarian Cysts
- Infertility
- Contraception
- Fibroids
- Hormone Replacement Therapy
- Preventive Care

“Many patients come to Midtown through word of mouth from friends, family, and colleagues. We take this ‘vote of confidence’ very seriously, and strive to treat *all* of our patients as we would want our friends and family treated.” —DR. LYNN BARTA



MIDTOWN
OBSTETRICS & GYNECOLOGY

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BOARD CERTIFIED IN OBSTETRICS AND GYNECOLOGY



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